

OREGON COAST JOURNEY · FREE GUIDE

Seaside, Oregon Travel Guide

The classic Oregon beach town — Prom, arcades, and the widest beach on the coast.

What to do, where the good food is, how to spend a perfect day with kids or without, and the timing tricks that beat the crowds.

YOURS FREE

Melinda · Oregon Coast Journey

Your Oregon Coast & Cruise Guide

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START HERE

Seaside, in one page

Nostalgic, walkable, and endlessly fun — Oregon's original beach resort town.

Seaside is the coast at its most classic: a mile-and-a-half **Promenade** along a broad, flat beach, an old-school arcade and carousel, saltwater taffy, and a river running right through town. It's the easy, joyful beach day — especially with kids — and it's only about 90 minutes from Portland.

HOW TO USE THIS GUIDE

Grab the highlights, pick a food stop, and use the timing tips to sidestep the summer crush. Staying longer? Cannon Beach and Astoria are both a short hop away.

What's inside

- 01 **What to do** — the highlights
- 02 **Where to eat** — the local picks
- 03 **A perfect day** — two easy plans
- 04 **Ready to go** — and a cruise idea

SECTION 01

What to do

Small town, surprising amount to do.

- **Walk the Promenade (“the Prom”).** A 1.5-mile paved oceanfront walk — the heart of town, great at sunset.
- **The Turnaround & Lewis and Clark statue.** Where Broadway meets the beach; the iconic photo spot.
- **The beach itself.** Wide, flat, and gentle — perfect for kites, sandcastles, and long barefoot walks.
- **Broadway arcades & carousel.** Old-fashioned fun; a rite of passage for coast kids.
- **Seaside Aquarium.** Small, charming, and hands-on — feed the harbor seals.
- **Tillamook Head hike.** A forested trail with big ocean views for those wanting to stretch their legs.

BEACH-DAY KIT

A [pop-up windbreak](#) and a [sand-free beach blanket](#) make the wide, breezy beach a lot more comfortable — Seaside gets wind even on sunny days.

Where to eat

From chowder to taffy — eat well without overthinking it.

- **Clam chowder & fish 'n' chips** — the coast staple; look for the busy local spots just off Broadway.
- **Saltwater taffy** — a Seaside tradition; watch it being pulled in the shop windows.
- **Fresh seafood & crab** — in-season Dungeness crab is a must; many places will cook and crack it for you.
- **Ice cream & the carousel snacks** — the classic Broadway stroll fuel.
- **Coffee & bakeries** — plenty of cozy stops for a foggy morning.

Beat the crowds

Summer weekends are busy. Arrive before 10 a.m. or after 4 p.m. for parking, eat lunch early or late, and consider a **weekday** or the golden **September** window — warm, uncrowded, and the taffy line is short.

SECTION 03

A perfect day

Two simple plans — pick your pace.

WITH KIDS

The classic day

Morning on the beach with buckets and kites → carousel and arcade on Broadway → seals at the aquarium → taffy and ice cream → sunset walk on the Prom.

JUST THE TWO OF YOU

The easygoing day

Coffee and a Prom walk → the Tillamook Head trail → a long seafood lunch → browse the shops → chowder and a sunset from the Turnaround.

MAKE IT A BASE

Seaside is a great home base for the North Coast — Cannon Beach (10 min), Astoria (20 min), and Tillamook cheese (an hour) are all easy day trips.

Ready for Seaside?

A few easy next steps — and how I can help.

DREAMING OF A CRUISE, TOO?

From the Prom to the promenade deck

If you love an easy beach day, you'll love a cruise — the same ocean, a new port each morning, and zero planning stress. I book those for free, too.

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Let me plan it for you — free

Whether it's a coast getaway or a cruise, tell me your dates and who's coming and I'll build you a simple plan at the best price. No fee, no obligation.

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