

OREGON COAST JOURNEY · FREE GUIDE

The Oregon Coast Weather Guide

Fog, wind, rain & sun — what to really expect, and how to dress for any day.

How coast weather actually works month by month, the myths worth ignoring, and exactly what to pack so the weather never runs your trip.

YOURS FREE

Melinda · Oregon Coast Journey

Your Oregon Coast & Cruise Guide

oregoncoastjourney.com

START HERE

Coast weather, decoded

It's milder — and more changeable — than you think. Here's the truth.

The Oregon Coast doesn't do extremes. Summers are cool, not hot; winters are wet and wild, not frozen. The real story is **change**: fog and sun can trade places in an hour, and one headland can be windy while the next is calm. Once you understand the rhythm, you'll dress right and never let weather run your trip.

HOW TO USE THIS GUIDE

Read the season that fits your trip, then use the packing rules. The one constant on the coast: **bring layers.**

What's inside

01 **Season by season** — what to expect

02 **Fog, wind & sun myths**

03 **What to pack** for any day

04 **Ready to go** — and a cruise idea

SECTION 01

Season by season

Roughly what you'll get, month by month.

JUN – SEP

Summer

Cool and mostly dry — think 60s–low 70s. Foggy mornings, sunnier afternoons. Bring a fleece even in July; ocean breezes are cool.

SEP – OCT

Early fall

Often the warmest, clearest, calmest weather of the year. The coast's best-kept secret.

NOV – MAR

Winter

Wet and windy with dramatic storms — rarely freezing. Big-wave storm-watching is a genuine draw. Serious rain gear required.

MAR – MAY

Spring

Green, blustery, and unpredictable — sun, showers, and wildflowers, sometimes all in one afternoon. Layer relentlessly.

THE TEMPERATURE RARELY BITES

The coast is temperate year-round — you're dressing for wind and wet, not cold. A good shell matters more than a heavy coat.

SECTION 02

Fog, wind & sun myths

A few things worth knowing before you judge the forecast.

- **Morning fog isn't the day.** Coastal fog often burns off by midday — don't cancel the beach at 8 a.m.
- **The forecast is local.** One town can be socked in while another 15 minutes south is sunny. Drive to the light.
- **Wind is the wildcard.** Even warm days get breezy on open beaches — it's why you bring a layer and a windbreak.
- **Sun sneaks up on you.** Overcast doesn't mean safe; the UV off water and sand still burns. Wear sunscreen.
- **"Rain" is usually passing showers,** not all-day downpours — especially outside deep winter.

SUN PROTECTION STILL MATTERS

Pack [reef-safe sunscreen](#) and a hat even on grey days — coast burn is real off the water.

What to pack for any day

Dress in layers and the weather becomes a non-issue.

The all-weather coast kit

- [A waterproof rain jacket](#) — the single most useful item on the coast, any season.
- [A warm fleece](#) — your warm mid-layer for breezy beaches and cool evenings.
- [A hat & gloves](#) — wind and hats are a thing; a beanie and light gloves for winter.
- [Waterproof shoes](#) — waterproof shoes keep wet sand and tide pools comfortable.
- [Sun protection](#) — sunscreen and sunglasses; the glare is real.

THE LAYERING RULE

Base layer + fleece + waterproof shell. Add or shed as the day shifts — and it will. Do this and no forecast can ruin your trip.

Ready for any coast weather?

A few easy next steps — and how I can help.

DREAMING OF A CRUISE, TOO?

Chase the sunshine instead

Want a guaranteed forecast? A Mexican Riviera or Hawaii cruise trades coast fog for warm sun and calm water — and I plan those for free, too.

[See Today's Cruise Deals »](#)

Let me plan it for you — free

Whether it's a coast getaway or a cruise, tell me your dates and who's coming and I'll build you a simple plan at the best price. No fee, no obligation.

[Plan my coast trip »](#)

Or just reply to any email from me — I read every one myself.

Refer a friend — you both win. Know someone planning a coast trip or a cruise? When they book with me, **you both** get a thank-you. Just have them mention your name.

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